

GIVE YOUR BENEFITS AN UPGRADE!



For less than \$1 a day, you have access to convenient, time-saving, money-saving benefits and services. This program includes your immediate family—so everyone is healthy and happy!

MeMD (\$0 Visit Fee)

Illness or injury can strike suddenly. MeMD gives you and your family access to medical help via telephone or web, any time, day or night - \$0 per visit. Using MeMD's nationwide telehealth service and national network of US-licensed medical providers, you can connect with a board-certified provider from any location. You'll receive a diagnosis and personalized treatment plan, including prescriptions* for common medications when medically necessary. MeMD can help when your regular doctor is not available, when travel is difficult, or after-hours.

*Prescriptions cannot be written for controlled substances or elective medications. Services not available outside of the continental United States (except Hawaii).

MyEWellness.com

Get your fit on! Get stronger, lose weight and feel better with the tools you need to make wellness part of your daily life. You'll enjoy personal workouts, health tips, thousands of articles and more.

Financial Helpline

No tricks, just tips! Financial counselors answer your questions on everything from establishing credit and starting a college fund to exploring retirement options. You'll receive confidential guidance and advice about budgeting, debt consolidation, health care expenses, credit cards, taxes and more.

Retail & Mail Order Pharmacy

Don't let the cost of medications keep you from managing your health. Enjoy discounts on your prescription medications with Retail and Mail Order Pharmacy. Save 10% to 85% on most prescriptions at 60,000 retail pharmacies nationwide, and 10% to 85% on 30+ day supply prescriptions shipped directly to your home with free standard shipping.

Brought to you by:



CONTACT HR TO SIGN UP

ACCESS YOUR BENEFITS ON THE GO!

With the **My Benefits Work™** mobile app & portal



Brought to you by:  **NFP**®

DISCLOSURES

This plan is NOT insurance. The plan is not insurance coverage and does not meet the minimum creditable coverage requirements under the Affordable Care Act or Massachusetts M.G.L. c. 111M and 956 CMR 5.00. **It contains a 30 day cancellation period.** It provides discounts only at the offices of contracted health care providers, and each member is obligated to pay the discounted medical charges in full at the point of service. The range of discounts for medical or ancillary services provided under the plan will vary depending on the type of provider and medical or ancillary service received. Discount Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 803475, Dallas, TX 75380, 800-800-7616. Website to obtain participating providers: MyBenefitsWork.com. Not available to IA, UT, WA or VT residents.

If this is a medical emergency or crisis situation, dial 911 immediately for assistance. MeMD provides online counseling with behavioral health providers who are licensed to practice in your state. MeMD therapists do not prescribe medication. MeMD is available nationwide, subject to state regulations.