

CareATC Tobacco Cessation Program



What is CareATC's Tobacco Cessation Program?

Are you ready to quit smoking, but not sure how to quit? This 4-session, self-paced program will guide you through the steps on the journey towards successfully quitting smoking. Each session contains a video guiding you towards the tobacco cessation journey, then followed by a short quiz to complete. Once you have completed all four videos and four quizzes, your credit for completion will automatically be applied.

What do I need to do?

To avoid the tobacco surcharge, you must complete all four videos and all four quizzes.

How do I access the cessation program?

- Visit www.careatc.com/patients and login. If you are new, follow the prompts to verify your identity and set up your account.
- Select the HealthPassport icon to access HealthPassport.
- Scroll down and click on "Tobacco Cessation" (middle box on top row). Click box on right labeled "View Coaching Program"
- Click on Session 1: "Tobacco Cessation Overview Video" to begin and complete task.
- Click on Quiz next to begin and complete task. Continue the same steps to complete sessions 2, 3, and 4.



Show Me
The App!

