



Catoosa County

Employee Assistance Program (EAP)

Free | Confidential | 24/7



Counseling for stress, marital and family problems, job-related concerns, life transitions, work-life challenges, emotional issues, and other concerns.

- **TalkNow**® provides immediate access to counselors for in-the-moment support.
- Up to **6 EAP counseling** sessions to help build coping skills and solutions.
- Telephonic, video, and in-person options available.



Tess is a supportive AI chatbot that's available 24/7, for unlimited conversations to help manage stress, increase self-awareness, build resilience, and discover helpful resources.



Legal assistance for divorce, family law, wills, adoption, identity theft recovery, meditation and more. Get a free 30-minute consultation and 25% discount off the mediator or attorney fees for services rendered beyond the EAP.



Financial consultation regarding debt matters, investment options, money management, taxes, and retirement planning. Financial personnel services are discounted at 25% as are CPA tax preparation fees.



Work-Life consultants for resources and verified referrals for most all personal and family needs, including:

- Childcare
- Eldercare
- Adoption
- Academic
- Health & Wellness
- Relocation
- Concierge
- Pet Care

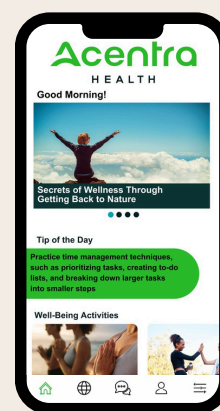
Catoosa County has partnered with Acentra Health to provide you and your eligible family members with immediate support to help improve your well-being.

Website: eap.acentra.com

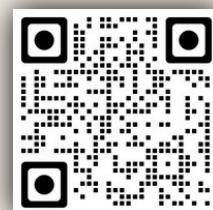
Organization ID: CatoosaCares

Call: (800) 869-0276

Download the mobile app to access digital resources at your fingertips.



Download Now



Tess: Chat with Tess by texting "Hi" to (442) 245-8065 or via the *Acentra Connect* app.