

Employer/benefit administrator instructions for life insurance claims

This package contains the information the employer/benefits administrator needs to file a life insurance claim

Metropolitan Life Insurance Company

Follow these steps:

1. Complete the Employer/benefit administrator statement

Send us the completed statement with all of the following documents that apply to this claim:

- The employee/member's enrollment form, including details of their coverage for the last two years
- The beneficiary designation form (*if there's no beneficiary, please check the 'No' box on the Employer/ benefit administrator statement which states no beneficiary designation is available*)
- · If the employee/member assigned ownership of the coverage, the related assignment papers
- If accidental death benefits are being claimed, police reports and other supporting documents
- If a beneficiary is deceased, please include a copy of their death certificate

2. Give the claimant these documents

- The cover letter from MetLife
- About the Total Control Account
- Life insurance claim form

If the deceased qualified for Survivor Income Benefits, please give the claimant the *Survivor Income Benefit claim form* to complete as well. You must also complete and return the *Survivor Income Benefit Plan Administrator's statement*.

3. If there's more than one claimant, give each claimant a set of the above documents

Each claimant must complete and submit a separate claim form. However, we only require one death certificate indicating the cause and manner of death.

4. Submit the claim

You can ask the claimants to return their completed claim either to you or directly to us. If you have them sent to you, please submit each completed *Life insurance claim form* as you receive it. That will help us speed processing and payment.

Submit all forms and information relating to this claim to:

Mail:	Email:	Fax:	Phone:
MetLife	Lifeclaimsubmit@metlife.com	1-570-558-8645	1-800-638-6420, then press 2
Group Life Claims			
P.O. Box 6100			
Scranton, PA 18505-6100			

If you aren't enclosing a document we've asked for, please include a note telling us what's missing and why.

Questions

Contact the account representative responsible for your group.



Life insurance claim form

Employer/benefit administrator statement

Use this form to file a life insurance claim when one of your employees/plan members or their dependents has died.

Metropolitan Life Insurance Company

Things to know before you begin

- · An authorized representative of the employer/benefit administrator must complete this form.
- · Please answer each question fully and accurately. If you return this form with missing or incorrect information, it will delay the claim.



Please correct and initial any errors on the form.

Is claim for

Employee

Donondont?	
Dependent?	

SECTION 1: About the Name of employer/benefit ad		ministrato	or	Custome	er number
Address (Street number and	l name, suite)				
City				State	ZIP code
Name of authorized represe	ntative (first, last)				
First	Last			Title	
Daytime phone number	Fax number	E	-mail addres	S	
Division name and address,	if different from above:				
Division name					
Address (Street number and	l name, suite)				
City				State	ZIP code

City

SECTION 2: About the e Please give us information abo			ociated with th	ie life ineur	ance claim	
Name of employee/plan memb		•				
First name	Middle nam	ne	Last name			
Employee's Home address (<i>str</i>	reet number a	nd name, apartment	or suite)			
City				State	ZIP code	
Date of birth (mm/dd/yyyy)	Date of death	n (mm/dd/yyyy)				
Social Security number	Marital stat	us <i>(check one)</i>	vorced 🗌 S	eparated	Uidow/widower	
Date of hire (mm/dd/yyyy) J	ob title					
Employee/plan member was (c	heck one for e	each of the following)):			
☐ Hourly or ☐ S	alaried					
Union or N	on-union					
Exempt or N	on-exempt					
What was the last date the emp	oloyee/plan m	ember was at work?	(mm/dd/yyyy	ı)		
Reason employment ended						
Employee/plan member's statu	s on the date	of death (check one)	:			
		Terminated due	to disability	🗌 La	iyoff	
Regular retiree D	Date	Terminated for a	ny other reasoi	n 🗌 Si	ck leave	
☐ Retiree due to disability	Date	Non-exempt		(no	sabled t terminated or ired)	
Did premium payments for the	employee/pla	n member stop?				
□ No □ Yes – if yes, date	payments sto	pped (<i>mm/dd/yyyy</i>)				
Was life insurance cancelled?						
🗌 No 🛛 Yes – if yes, date i	it was cancele	ed (<i>mm/dd/yyyy</i>)				
Has a Waiver of Premium or To member?	otal and Perm	anent Disability claim	n been filed wit	h MetLife f	or this employee/plan	
□ No □ Yes – if yes, what	is the disabilit	y case number?				

SECTION 3: About the dependent (complete only if the deceased is the dependent)

Name of dependent (*first, middle, last*)

First	Middle	Last
Maiden or other names (if applied	cable)	

Dependent's Home address (street number and name, apartment or suite)

City		State	ZIP code			
Date of birth (<i>mm/dd/yyyy</i>) Date of death (<i>mm/dd/yyyy</i>) Relationship						
Social Security number	Marital status (<i>check one</i>)	Separated	Widow/widower			

SECTION 4: Benefits that apply to this claim

- In the table below, check off all of the benefits covering the person who died and fill in the effective dates, report number, sub code and branch.
- Then insert the coverage amount for each benefit. Remember to consider any reduction formulas that apply.
- If you have questions about Group Universal Life coverage, please call 1-800-523-2894.

Base annual earnings \qquad As of (mm/dd/yyyy)

Did the employee increase coverage within the last two years?

 \square No \square Yes – if yes, indicate date (*mm/dd/yyyy*)

Type of life benefit (check all that apply)	Effective date (mm/dd/yyyy)	Report number	Sub code	Branch	Benefit amount
Basic Life		-			
☐ Supplemental, Optional, Additional and Voluntary Life					
Employer-paid Dependent Life					
Dependent Life (spouse, child)					
☐ Accidental Death & Dismemberment (AD&D)					
Supplemental, Optional AD&D					
Dependent AD&D					
□ Voluntary AD&D					
Group Universal Life					
Spouse Group Universal Life					
Child Group Universal Life					
		•	Total bene	fit amount	

Total benefit amount

Note: If Accidental Death benefits apply, please include police reports and other supporting documents

Survivor Income Benefits

Do Survivor Income Benefits	s apply?	
□ No □ Yes – if yes, ch	eck one of the boxes below:	
🗌 You'v	e attached the Survivor Inc	ome Benefit claim form
🗌 You'll	send us the Survivor Incom	ie Benefit claim form later
Beneficiary designation Is the beneficiary designatio	n available?	
□ No □ Yes – if yes, pl	ease attach the most recent	designation.
Transfer of coverage owned	ership	
Did the insured transfer own	ership of the coverage via a	n absolute, gift or viatical assignment?
□ No □ Yes – if yes, ple	ease include a copy of the as	signment and all related papers.
Where should we send the	e benefit payment?	
Directly to the beneficiar	y or beneficiaries	
☐ To you, at the employer/	benefit administrator addres	3
SECTION 5: Signatu	re of authorized repre	Date signed (<i>mm/dd/yyyy</i>)
Daytime phone num	ber	
 The death certificate cop The beneficiary designat Enrollment history The Survivor Income Be For accidental death clair 	ns you're sending for this cla eted life insurance claim form by (<i>including the cause and r</i> cion enefit claim form (if applicat ms – police reports and othe	n (required) nanner of death) (required) ble)
Return this claim form and th	ne documents you've checke	ed off above to:
Mail: MetLife Group Life Claims	Fax: 1-570-558-8645	If faxing, please remember to fax both front and back sides of the claim form.
P.O. Box 6100	Email: Lifeclaimsubmit@metlife.c	om If emailing, please be advised: Accepted document types: Word Document, PDF and JPEG.

(1-800-638-6420), then press 2. Our Customer Service Center is open Monday through Thursday, 8:00 a.m. to 8:00 p.m. EST, and Friday 8:00 a.m. to 5:00 p.m. EST.



Metropolitan Life Insurance Company

Your life insurance claim kit

On behalf of MetLife, please accept our sincere condolences during this difficult time.

Helping you submit your claim

We've enclosed a *"Guide to making your claim"* which describes the steps to submit your claim. You have the option to receive the proceeds of your claim deposited into a convenient Total Control Account that we'll open for you, or as a check. You'll find more details in the enclosed document, *"About the Total Control Account."*

We're here to help

We recognize this may be a challenging time for you. If you have questions, or need help preparing your claim, call us at **1-800-MET-6420 (1-800-638-6420)**. Our Customer Service Center is open Monday through Thursday, 8:00 a.m. to 8:00 p.m. EST, and Friday 8:00 a.m. to 5:00 p.m. EST.

Sincerely,

MetLife U.S. Life Insurance Claims



Guide to making your claim

What you'll find in this package

- Life insurance claim form You'll need to complete and return this to us with the death certificate.
- *About the Total Control Account* This explains the option you have to receive your claim proceeds.

To submit your claim, follow these steps:

1. Decide

You have the following options to receive your life insurance proceeds:

- A Total Control Account that we open for you to hold your claim proceeds, or
- · A check that we mail to you

Please read the enclosed *About the Total Control Account* for details. Please indicate your choice when completing the claim form. If you do not choose an option, you will receive a Total Control Account in most states unless state law requires us to pay you by check.

2. Complete

Complete the enclosed *Life insurance claim form* by following the instructions on the form. Please provide all the information requested so we may process your claim as quickly as possible.

3. Return

Please send us your completed claim form and the documents we ask for in Section 5 of the form.

What to expect after you submit your claim

We're committed to processing your claim as quickly as possible. Once we receive all your information, we're able to process a typical claim within 5-7 business days.

If we approve your claim and you chose to receive a check, or your proceeds are less than \$5,000, we'll mail you the check.

If you choose to receive your proceeds in a Total Control Account, we'll:

- · Open a Total Control Account in your name
- · Place the proceeds from your claim into your account, and
- Mail you a package, that includes account details and a book of personalized drafts (*like checks*)



Page 1 of 2

Providing you with security and confidence to manage your insurance proceeds — Total Control Account[®]

MetLife's Total Control Account[®] (TCA) can reduce the worry of having to make financial decisions while grieving the loss of a loved one. We pay the full amount owed to you by placing the proceeds from your life insurance claim into the TCA to provide you the time you need to best decide how to use your funds. TCA is comparable to an interest-bearing checking account, but it's so much more...

Benefits of your TCA:



TCA (\$15), and overnight delivery service (\$25.)

Easy to set up and manage:

STEP 1 File your claim and receive proceeds

Once your claim is approved, MetLife will place the insurance proceeds into the new TCA account and send out an informational TCA Welcome Kit immediately.

STEP 2 Access funds easily

Access your insurance proceeds immediately through either the TCA Visa debit card or by writing a draft. You can use your TCA debit card at the ATM, with PayPal, Venmo or Square Cash. With your TCA debit card, there's no minimum transaction amount and any fees you incur using your TCA debit card are credited right back to your account! If you prefer drafts, you can access your funds in any amount of \$250² or more. You can use your TCA account to pay your bills online or by phone and even set up recurring payments for things like your mortgage, car payment, gym membership and more!

STEP 3 Manage your account

Receive monthly account statements³. You can also designate a beneficiary for your new TCA account, as well.

Other important information

- You can use a single draft to access the entire amount, including interest, in the TCA at any time or several drafts for smaller amounts (*as little as \$250*). There are no limits on the number of drafts you can write. Processing time is similar to check processing.
- Subject to state law, and/or group policyholder direction, the Total Control Account is provided for all Life and AD&D benefits of \$5,000 or more. The assets backing TCAs are maintained in MetLife's general account and are subject to MetLife's creditors. MetLife bears the investment risk of the assets backing the TCAs and expects to receive a profit. Regardless of the investment experience of such assets, the interest credited to the Total Control Account will never fall below the guaranteed minimum rate on your welcome guide.
- While your TCA is similar to a checking, or money market account, it is a draft account not a bank account. Your Total Control Account is backed by the financial strength of MetLife. While the funds in your account are not insured by the Federal Deposit Insurance Corporation, they are guaranteed by your state insurance guarantee association. The coverage limits vary by state. Please contact the National Organization of Life and Health Insurance Guaranty Associations (www.NOLHGA.com or 703-481-5206) to learn more. FOR FURTHER INFORMATION, PLEASE CONTACT YOUR STATE DEPARTMENT OF INSURANCE.
- The interest rate on your account is set weekly and will always be the greater of the guaranteed rate stated in your TCA package, or the rate established by one of two indices monitored by MetLife. We calculate interest daily and compound it, so you earn interest on your interest. The interest is added to your account monthly.
- The interest earned may be taxable.
- If there is no activity on your account for a period of time (typically three years, but this may vary by state), state regulations may require that we contact you at the address we have on file. If we aren't able to reach you, we may be required to close your account and transfer the funds to the state.
- A beneficiary may be designated if no designation has previously been made.
- We may limit or suspend your access to the funds in your account if we suspect fraud or if there was an error in opening your account.
- We use the services of The Bank of New York Mellon, 701 Market Street, Philadelphia, PA 19106, for Total Control Account recordkeeping and draft clearing.
- You may move all or a portion of your Account balance (subject to applicable minimums) into any other settlement option for which you then qualify.
- A TCA generally is not available if your claim is less than \$5,000, you reside in a foreign country, or if the claimant is a corporation or similar entity.
- We may receive investment earnings from operating the Total Control Account. The performance results of any investments we make do not affect the interest rate we pay you.
- We recommend you consult a tax, investment, or other financial advisor regarding tax liability and investment options.
- To learn more about TCA, please call us at 800-638-7283 or write us at Metropolitan Life Insurance Company, Total Control Account, PO Box 6300, Scranton, PA 18505-6300.

¹Refer to your Customer Agreement for more details.

²Processing time is similar to check processing.

³If your account has no activity, we'll send you a statement once every three months. Each statement, whether monthly or quarterly, will include the current account balance, the interest credited, any drafts written, and any other account activity.

MetLife Services and Solutions, LLC provides administrative services for Total Control Accounts (TCAs), Guaranteed Interest Certificates (GICs), and Minor on Deposit Accounts (MODAs) established in connection with policies issued by Metropolitan Life Insurance Company (MLIC), certain of MLIC's insurance company affiliates, and certain non-affiliates.



Fraud Warnings State Specific Fraud Warnings – Group Product Claim Forms

Before signing this claim form, please read the warning for the state where you reside and for the state where the insurance policy under which you are claiming a benefit was issued.

Alabama, Arkansas, District of Columbia, Louisiana, Massachusetts, Minnesota, New Mexico, Ohio, Rhode Island and West Virginia: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

Alaska: A person who knowingly and with intent to injure, defraud, or deceive an insurance company files a claim containing false, incomplete or misleading information may be prosecuted under state law.

Arizona: For your protection, Arizona law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

California: For your protection, California law requires the following to appear on this form: Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

Colorado: It is unlawful to knowingly provide false, incomplete or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

Delaware: Any person who knowingly, and with intent to injure, defraud or deceive any insurer, files a statement of claim containing any false, incomplete or misleading information is guilty of a felony.

Florida: Any person who knowingly and with intent to injure, defraud or deceive any insurer files a statement of claim or an application containing any false, incomplete or misleading information is guilty of a felony of the third degree.

Idaho, Indiana and Oklahoma: WARNING: Any person who knowingly, and with intent to injure, defraud or deceive any insurer, makes any claim for the proceeds of an insurance policy containing any false, incomplete or misleading information is guilty of a felony.

Kentucky: Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime.

Maine, Tennessee and Washington: It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purpose of defrauding the company. Penalties may include imprisonment, fines or a denial of insurance benefits.

Maryland: Any person who knowingly or willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly or willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

New Hampshire: Any person who, with a purpose to injure, defraud or deceive any insurance company, files a statement of claim containing any false, incomplete, or misleading information is subject to prosecution and punishment for insurance fraud as provided in RSA 638:20.

New Jersey: Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

Oregon: Any person who knowingly presents a materially false statement of claim may be guilty of a criminal offense and may be subject to penalties under state law.

Pennsylvania and all other states: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

Puerto Rico: Any person who knowingly and with the intention to defraud includes false information in an application for insurance or files, assists or abets in the filing of a fraudulent claim to obtain payment of a loss or other benefit, or files more than one claim for the same loss or damage, commits a felony and if found guilty shall be punished for each violation with a fine of no less than five thousand dollars (\$5,000), not to exceed ten thousand dollars (\$10,000); or imprisoned for a fixed term of three (3) years, or both. If aggravating circumstances exist, the fixed jail term may be increased to a maximum of five (5) years; and if mitigating circumstances are present, the jail term may be reduced to a minimum of two (2) years.

Texas: Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

Vermont: Any person who knowingly presents a false statement of claim for insurance may be guilty of a criminal offense and subject to penalties under state law.

Virginia: Any person who, with the intent to defraud or knowing that he is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement may have violated the state law.

Life insurance claim form

Use this form to submit your claim for a life insurance policy payment.

Things to know before you begin

- Each beneficiary submitting a claim must complete and sign a separate claim form. However, we only need one death certificate indicating the cause and manner of death.
- A signature is required for this claim to be processed.
- Please answer each question fully and accurately. If you return this form with missing or incorrect information, it will delay your claim.
- You may have to send us other documents with this claim. See the list in *Section 5: How to submit this form.*
- For assistance, or if you need help preparing your claim, call us at 1-800-MET-6420 (1-800-638-6420), then press 2. Our Customer Service Center is open Monday through Thursday, 8:00 a.m. to 8:00 p.m. ET, and Friday 8:00 a.m. to 5:00 p.m. ET.

SECTION 1: About you

Tell us in what capacity you're making a claim (check one):

□ Individual beneficiary or □ Representative of a trust, estate or Charity

Middle

Your relationship to the person who died (check one):

Spouse/Partner

Trust/Estate Representative/Charity Other (please explain)

Your name (first, middle, last) - Please print your name the way you want it to appear on your payment.

Parent

First

Maiden or other names (if applicable)

Mailing address (Street number and name, apartment or suite)			Phone number		
City				State	ZIP code
Date of birth (<i>mm/dd/yyyy</i>)	Sex (M/F)	Social Security number	Country	of Citizensł	hip
Only complete if making a cla Name of Trust/Estate/Charity		f of a Trust, Estate or Charity	/	Date of Tru	st (<i>mm/dd/yyyy</i>)
	.1				

Tax Identification Number (For the Trust, Estate, or other Charity)



Please correct and initial

any errors on the form.

A signature is required

for this claim to be

processed

Child

Last

Insured Employee/Member Information

First name	Middle name	Last name
Employer name		

□ I consent to receive claim status e-mails and text messages as indicated below. Please see the enclosed *About Electronic Statusing* for more details.

Please tell us if you would like to	receive claim statuses electronically
Cell phone number	Email address

Have you signed a document with a funeral home that authorizes us to make a payment directly to them? This document is usually referred to as a funeral home assignment.

□ No □ Yes – If yes, please send us a copy of the document with this claim form.

SECTION 2: About the deceased

Name (first, middle, last) First

Last

Maiden or other names (if known, optional)

Residence address (Street number and name, apartment or suite)

Middle

City		State	ZIP code
Date of birth (<i>mm/dd/yyyy</i>)	Date of death (<i>mm/dd/yyyy</i>)		
Social Security number	Marital status (check one)	Separated	Uidow/widower

SECTION 3: Tell us how you want to receive your claim payment

If you do not select a payment option, in most states you will receive a Total Control Account, unless MetLife is required by state law, rule, or regulation to pay you by check.

Yes, open a Total Control Account for me.	1
This account offers:	
 Immediate access to your funds 	
Free Visa debit card with no fees or minimums	
 Interest-bearing account from day one 	
Online account management	
 Link your TCA account to payment services like PayPal® and Venmo® 	

□ No, send a check to the name and address listed in Section 1 of this claim form.

A TCA is not available for claims under \$5,000, residents living outside of the United States, or if the claimant is a corporation or similar entity.



Please remember to sign and date the form on the next page

Insured Employee/Member Information

First name	-	-	Middle name

Employer name

SECTION 4: Certification and signature

By signing this claim form, you certify that:

- All the information you have given is true and complete to the best of your knowledge.
- Any contributions owed by the insured will be deducted from the insurance proceeds paid to me.
- If we overpay you, we have the right to recover the amount we overpaid. This can happen if we find we've paid you more than you're entitled to under this life insurance claim, or if we paid you when we should have paid someone else. You agree to repay us the amount we overpaid. You also understand that if you do not repay us, we may take steps, including legal action, to recover the overpayment.
- You have read the Claim Fraud Warnings included with this form. **New York residents:** Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

Under the penalties of perjury I certify:

- 1. That the number shown as my Social Security Number or Tax Identification Number in "Section 1: About you" above is my correct taxpayer identification number, and
- 2. That I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding, and
- 3. I am a U.S. citizen, resident alien, or other U.S. person*, and
- 4. I am not subject to FATCA reporting because I am a U.S. person* and the account is located within the United States.

(Please note: You must cross out Item 2 above if the IRS has notified you that you are currently subject to backup withholding because you failed to report all interest or dividend income on your tax return.)

*If you are not a U.S. Citizen, a U.S. resident alien or other U.S. person for tax purposes, please cross out items 3 and 4 above, and complete and submit form W-8BEN (individuals) or W-8BEN-E (entities).

The Internal Revenue Service does not require your consent to any provision of this document other than the certifications required to avoid backup withholding. You must complete this certification to avoid 24% withholding with respect to taxable amounts.

Signature of person making the claim	Date signed (<i>mm/dd/yyyy</i>)

Some services in connection with your claim may be performed by our affiliates, MetLife Global Operations Support Center Private Limited or MetLife Services and Solutions, LLC., unless prohibited by state or local law or by mutual agreement with the group customer. These service arrangements in no way alter Metropolitan Life Insurance Company's obligation to you. Your claim will be administered in accordance with Metropolitan Life Insurance Company's policies and procedures.

Insured Employee/Member Information

First name Middle name

Last name

Employer name

SECTION 5: How to submit this form

5A. Check off the additional items you're sending with this claim form

□ A death certificate. We require a copy of the death certificate. The funeral director taking care of the funeral arrangements can usually provide a copy of the death certificate (*indicating the cause and manner of death*). We only require one death certificate – if you're aware of another claimant who's sending one, you don't have to send it.

☐ If you signed a document with a funeral home that authorizes us to make a payment directly to them, a copy of that document.

☐ If the beneficiary is the estate and you are a representative of an estate, a copy of the appointment papers issued by the courts.

☐ If the beneficiary is a trust and you are a trustee, a notarized statement that the trust is still in effect and you are authorized to act under the trust. If you are not the original trustee, a copy of the page naming you as the successor trustee.

☐ If you are submitting the claim as Power of Attorney for the beneficiary, a copy of the POA papers for the beneficiary must be provided.

5B. Submission instructions

Unless you have been advised of different instructions by the administrator/employer, return this signed claim form and the documents you've checked off above in the envelope included with this package, or mail/fax them to:

Mail:Fax:MetLife Group Life Claims1-570-558-8645P.O. Box 6100Email:Scranton, PA 18505-6100Lifeclaimsubmit@metlife.com

Please note: Most claims are reviewed within five (5) business days.

 If faxing, please remember to fax both front and back sides of the signed claim form. Allow two (2) hours for documents to be received.
 If emailing, please be advised: Accepted document types: Word Document, PDF and JPEG.
 Maximum single attachment size: 20MB Maximum email size: 25MB Encrypted emails cannot be accepted

We're here to help

For assistance, or if you need help preparing your claim, call us at 1-800-MET-6420 (1-800-638-6420), then press 2. Our Customer Service Center is open Monday through Thursday, 8:00 a.m. to 8:00 p.m. ET, and Friday 8:00 a.m. to 5:00 p.m. ET.

About Electronic Statusing

MetLife provides electronic statusing as a convenience to you. Please review the following terms and conditions carefully before providing (a) your agreement to them, and (b) your consent to receiving electronic statuses. By agreeing to the terms of this Agreement, you are consenting to receive claims statuses in one or more of the following ways:

1. When a change has been made to your claim, we will send you an email advising you that we have made such a change;

Such e-mails will be sent to the current e-mail address we have on file for you. In addition, we can notify you about the availability of claim statuses by text message (SMS - Short Messaging Service). If you agree to receive notification of the availability of claim status messages by text message, you acknowledge and agree that any charges associated with your receipt of these messages are fully your obligation and are not reimbursable by MetLife or any of its affiliates. There may be other third party costs for Internet access fees or text message (SMS) charges that are not reimbursable by MetLife or any of its affiliates.

We will continue to deliver information in writing to you by U.S. mail.

2. You may withdraw your consent, change your delivery preferences, and update information we need to contact you electronically at any time by replying "stop" to a text message from us or by calling our Customer Service Department.