


CITY OF MARIETTA/BLW EMPLOYEE WELLNESS INCENTIVE



The City of Marietta/BLW Employee Wellness Incentive is for **eligible employees and spouses only**. An “eligible employee” or “eligible spouse” is defined as an active employee or spouse of an active employee who is covered under the City’s health insurance. *Employees who opted out of coverage and received the flexible spending incentive are not eligible.* A two-tiered incentive is authorized:

1. Complete Annual Health Assessment Labs
2. Complete the online Health Risk Assessment and AHA physical with the Wellstar provider or Participation in a care pathway if one or more of the 5 health benchmarks are not met

\$100.00 cash incentives for each tier will be taxed on the employee’s paycheck. Only one, two-tiered incentive per eligible individual is payable per AHA. Eleven (11) months must have elapsed since the most recent AHA.

1. Who is eligible for the incentive? Active employees and spouses of active employees covered on the City’s health insurance are eligible to use the Wellstar City of Marietta Employee Clinic and receive the wellness incentive.
2. How do I start the AHA process? Schedule a nurse visit with the Wellstar City of Marietta Employee Clinic by calling (770) 421-7738, or via mychart.wellstar.org for your lab draw.
3. What is included in the AHA lab draw? The Annual Health Assessment consists of a comprehensive wellness blood draw (8 hour fasting required) including: Complete Blood Count (CBC), Complete Metabolic Panel (CMP), lipids panel (cholesterol), HgbA1c (diabetic marker) and LBH (genetic testing). Males 55 and older will receive a prostate screening.
4. What are the five benchmarks, if exceeded, that can require an employee to complete a care pathway?
 - Blood Pressure 140/90 or less
 - Total Cholesterol 220 or less
 - Fasting glucose below 100mg
 - BMI less than 30 or waist circumference Male <=40inches; female <=35 inches
 - Tobacco free
5. How does an employee or spouse receive the incentive? You will complete the required paperwork during your visit and the Wellstar team will submit your completed paperwork to HR by the 15th of the month. HR staff will provide an email confirmation to the employee or spouse. HR staff will notify payroll to process the incentive on an administratively feasible check run following the 15th of the month.

Please note:

The Wellstar City of Marietta Employee Clinic will only process labs specific to the AHA or ordered by the provider on staff for the care of a patient.

NO lab orders from an outside provider or requested by an employee/spouse will be accepted.